



## **MOCPA BOARD MEETING MINUTES**

*December 9, 2018*

*Meeting called to order at 10:26 am*

*In attendance: Tamara Latawiec, Tara Lally, Robyn Koslowitz*

### *I. Welcome*

### *II. Meeting Minutes (Tara Lally)*

Meeting minutes from the September 16<sup>th</sup> board meeting were reviewed and approved.

### *III. Treasurer Report (Dolores Reilly)*

Current Treasurer Report and Profit and Loss Statement will be submitted later for review.

### *IV. NJPA Meetings (Tamara Latawiec)*

Tamara attended the October NJPA Executive Board Meeting and the November NJPA Business Meeting. She did not attend the November NJPA Executive Board Meeting.

## **OLD BUSINESS**

### *V. Membership Status (Tamara Latawiec)*

A few more psychologists became MOCPA members since the last board meeting, so MOCPA now has 55 members to date. Dues for 2019 are due on December 28<sup>th</sup>. Tara will reach out to anyone who has not renewed their membership to ask what made them drop out and to entice them to return. Tara will also reach out to former MOCPA members from the last iteration of MOCPA to inquire if they would like to join us again, as they may not be aware that we are back in business, particularly if they are not NJPA members. Tara will keep statistics on her outcomes to present at the next board meeting.

### *VI. MOCPA Directories (Tamara Latawiec)*

Tamara will distribute an abridged private practice version of the directory that is searchable via Microsoft Excel to the 2019 membership with directions for those unfamiliar with Excel. This directory is in addition to the Word version directories already in effect.

## VII. *MOCPA Website (Tamara Latawiec)*

Given that our Forum is not being used and requires that members request to sign up for it rather than being automatically signed up for it by us, Tamara had agreed at the last board meeting to research how Yahoo Groups works as a possible alternative. Tamara contacted MOCPA member Deirdre Waters to inquire, given Deirdre's use of Yahoo Groups for a Monmouth County based psychotherapist networking group, and Deirdre communicated that she was not very happy with it and that it functioned in the same way, with individuals having to request to sign up for it.

Given that Tamara has also been approached by MOCPA members about posting advertisements, such as for office space or employment, Tamara would like to delete the Forum from the website and add a Classifieds section instead. This would require a bylaws amendment, given that the Forum is mentioned as a member privilege in the document. Article III, Sections 1 and 4 would be impacted. Motion to remove the Forum and add a Classifieds section to the MOCPA website, as well as amend the bylaws to reflect these changes, was approved by all board members present. Discussion occurred among board members regarding how the Classifieds section would work. It was decided that the Classified section would be open to all members and that MOCPA would charge \$30 for three months of advertising.

## VIII. *October 28<sup>th</sup> Wine and Cheese Tasting Event (Tamara Latawiec)*

MOCPA held its second social event on October 28<sup>th</sup> at the Cheese Cave in Red Bank. Twenty members registered for the event with one additional guest for a total of 21 people, but only 17 people actually attended. It was an intimate group and a casual vibe, and everyone seemed to enjoy themselves. A selection of photographs has been posted to the MOCPA website. There is a lot of leftover wine that can be used for future events in members' homes.

## **NEW BUSINESS**

## IX. *Social Event Planning (Tamara Latawiec)*

A Holiday/New Year's party has been tentatively booked for Sunday brunch on January 13<sup>th</sup> at the Carriage House Bed and Breakfast in Ocean Grove: [www.thecarriagehouseoceangrove.com](http://www.thecarriagehouseoceangrove.com). Fees for brunch will be \$24 per person, in addition to tax, gratuity, and PayPal service charges. The actual menu items, as well as exact time of the event, is still being determined with the owner.

At the October Wine and Cheese event, MOCPA members Rick and Julie Zakreski agreed to host a spring event in their Red Bank home during the month of April. The NJPA leaders will be invited to join the event, and there is plenty of leftover wine from the October Wine and Cheese event that can be supplied. MOCPA will have to pay for catering or bring food, however.

A party boat tour will be planned for the summer. Teal Cruises and Classic Party Boat are two options in Atlantic Highlands that look possible in light of the size of our group and the options they have available.

## *X. Continuing Education Planning (Tamara Latawiec)*

MOCPA members Erin Mendoza and Joshua Cohen are co-presenting a CE workshop on mindfulness on Saturday, February 23<sup>rd</sup> at Monmouth University's Graduate Center at Monmouth's Corporate Park, and lunch will be included. It is being co-sponsored by the Department of Counseling and Psychological Services so that some of the fees can be waived. There are some items in the contract that Tamara is in the process of clarifying with the university contact. The final ticket price that MOCPA will determine includes the university's fees (which include the venue/classroom rental, use of media equipment, food and beverage, set-up/break-down/janitorial services, and an administrative fee), special event insurance (\$105 at [www.theeventhelper.com](http://www.theeventhelper.com)), any payments MOCPA must make as an affiliate to NJPA in order to hold the event (the NJPA website currently states that fees for affiliates are waived), and PayPal service charges. CE workshop attendees also have to pay for their CE certificates. The NJPA website currently states that they are free for NJPA Sustaining Members, \$15 for NJPA (non-Sustaining) members, and \$25 for non-NJPA members. Robyn will clarify with NJPA if these fees remain the same for 2019 or if there will be increases, and whether the affiliates charge participants the CE fee along with the workshop fee or if participants instead pay NJPA the CE fee directly and separately from the affiliate workshop fee. Discussion also ensued regarding charging different ticket prices for MOCPA members vs. non-MOCPA members, and if permitted, it was agreed to charge a slightly higher fee to non-MOCPA members.

Robyn is unfortunately unable to host the February CE event, so the board discussed the possibility of waiving the workshop fee for a volunteer to man the sign-in/sign-out process, make the introductory announcements that NJPA requires, and introduce the speakers in Robyn's stead. Tamara e-mailed instructions that she received from NJPA about this part of the CE process to board members.

Given how long the process takes to get a workshop off the ground and approved by NJPA, MOCPA must already have the next speaker lined up; however, the MOCPA membership remains reluctant to volunteer. As discussed in the last board meeting, Tara garnered several leads from Monmouth University, and she agreed to reach out to Professor Joanne Jodry to possibly present on spirituality. Tamara has also individually reached out to (1) each professor at Monmouth University's Counseling master's program and Social Work master's program, (2) Debi Roelke, the Director of CPPNJ, regarding their Speakers' Bureau, and (3) Monmouth County's domestic violence resource center regarding their public speaking engagements. The possibility of using Robyn's 15-person conference room in her Lakewood home office as a possible CE venue was also discussed, as was the potential of using her Zoom account to offer Internet-based workshop participation remotely. Robyn will investigate the parameters of her current Zoom account and report what they are at the next Board meeting. In addition, as a 501(c)6, the possibility of paying a non-MOCPA member who may be an NJPA member remains unclear.

## *XI. Annual End-of-Year Business Meeting (Tamara Latawiec)*

MOCPA's first annual end-of-year business meeting open to the membership was scheduled for today, Sunday, December 9<sup>th</sup>, at Robyn's Lakewood home at 10:00 am, but it was postponed due to a board member's medical emergency. It will be rescheduled upon her recovery, likely in early 2019. The possibility of rescheduling the end-of-year business meeting at the start of MOCPA's next quarterly board meeting was discussed, as was the possibility of offering future annual business meetings via Skype or Zoom, which Robyn will again investigate.

*Meeting concluded at 11:25am*

*Next Meeting Date was initially scheduled for Sunday, March 24<sup>th</sup>, but was rescheduled for Saturday, March 16<sup>th</sup>.*

*Submitted by Tara Lally, PhD*