



## **MOCPA BOARD MEETING MINUTES**

*June 30, 2019*

*Meeting called to order at 10:26 am*

*In attendance: Tamara Latawiec, Dolores Reilly, Robyn Koslowitz*

### *I. Welcome*

### *II. Meeting Minutes (Tara Lally)*

Meeting minutes from the March 16<sup>th</sup> board meeting were reviewed and approved.

### *III. Treasurer Report (Dolores Reilly)*

Current Treasurer Report and Profit and Loss Statement were reviewed and approved.

### *IV. NJPA Meetings and Initiatives (Tamara Latawiec)*

As arranged and approved, Tamara has not been attending the NJPA Board meetings, as MOCPA does not have a representative to the NJPA Board. However, Tamara has remained on the NJPA Board listserv and is still able to read Board business and minutes. It seems as though integrated health/medicine is an area that NJPA may begin to explore again, and there is also a committee actively pursuing the establishment of a Colleague Assistance Program at NJPA. MOCPA member Mary Blakeslee is a member of that committee.

Tamara continues to attend the Affiliate Caucus meetings, and the caucus is currently writing a policies and procedures manual at the request of NJPA and is also in need of an Affiliate Member-at-Large for next year, and there have thus far been no volunteers. The relationship between NJPA and the Caucus has also been an area of focus, and different suggestions have been made regarding how to improve the dynamic.

MOCPA member, Deirdre Waters, worked diligently on NJPA's May is Mental Health Month initiative along with Daniel Lee of the South Jersey Psychological Association (SJPA). The MOCPA board did not agree to fund the initiative at our last board meeting due to MOCPA's non-charitable 501(c)6 status; however, it was privately funded by Tamara and Deirdre, and both SJPA and the Middlesex County Association of Psychologists (MCAP) also made monetary contributions, bringing the prize money to a rather substantial amount. All three winners made their submissions through the MOCPA website and appear to be area high school students.

## V. *Membership Status (Tamara Latawiec)*

MOCPA has gained a few new members and is now up to 57 members. A former member from last year has rejoined the association. He stated that he was merely buried under a lot of email and missed the deadline to rejoin. And we also have a new member from Forked River in Ocean County who appears to be early career.

## VI. *MOCPA Directories (Tamara Latawiec)*

The 2019 MOCPA directories, both the internal version including all members and the public version including only full members, were distributed to MOCPA members. The abridged private practice version of the directory searchable via Microsoft Excel was also distributed to the membership along with sets of instructions regarding sorting and filtering.

## VII. *MOCPA Website (Tamara Latawiec)*

The new Classified section on the website has garnered one advertisement thus far from a MOCPA member. Additional minor aesthetic changes were also made to the website to create a more pleasing appearance.

## VIII. *MOCPA Bylaws (Tamara Latawiec)*

Bylaws were changed to maintain the MOCPA bank account upon MOCPA's dissolution as voted upon at the last meeting. In addition, after an online vote after the last board meeting, bylaws were also changed to correct inaccuracies within several MOCPA officer job descriptions.

## IX. *April 14<sup>th</sup> NJPA Leadership Dinner (Tamara Latawiec)*

MOCPA held its fourth social event on April 14<sup>th</sup> at the home of Rick and Julie Zakreski for the NJPA Leadership Dinner. Sixteen members registered for the event, including the two homeowners, and thirteen showed. Keira Boertzel-Smith (Executive Director of NJPA), Morgan Murray (NJPA President), and Matt Hagovsky (President of the NJPA Foundation) attended, and both Morgan and Matt spoke at the event. Matt discussed the good work accomplished by the graduate students that the NJPA Foundation funds and encouraged MOCPA to host small fundraising dinners or other events for the Foundation. And Morgan discussed current NJPA initiatives and the state of the association, which elicited comments and questions from MOCPA members. The NJPA lobbyist reached out to eight local legislators to inquire if they would attend the event, but no one accepted the invitation, so the lobbyist did not attend. A selection of photographs from the event was posted to the MOCPA website.

## X. *Social Event Planning (Tamara Latawiec)*

For a summer social event, a party boat tour around the Navesink River is planned for next month through Classic Boat Rides in Atlantic Highlands. Tickets are \$39 for adults, \$31 for veterans, and \$29 for children, and MOCPA members will buy individual tickets directly from the Classic Boat Rides website. Afterward, whoever would like to walk over to On the Deck for dinner is welcome to do so. Discussion

also ensued regarding an appropriate fall social event. Ideas included the following: afternoon tea at a tea salon, wine and cheese at someone's home or office, another home event with an activity, a park pot luck picnic with croquet/Frisbee or other outdoors activity, mini-golf, "psychological" movie with after-discussion at a home or restaurant (e.g. screen movies at Robyn's home with her projector or go to movie theater).

## *XI. Continuing Education Planning (Tamara Latawiec)*

A professor from Monmouth University's Psychological Counseling Department was slated to present a workshop this month entitled, "Integrating Feminist Theory into your Existing Theory;" however, her NJPA application was not complete and had some errors in it, and when NJPA asked that they be remedied, she canceled the event. Tamara was able to secure two other presentations for the fall; one was already in the works, and the other was in response to the cancellation, allowing MOCPA to offer at least three CE events for the year. Both workshops will involve outside presenters, so MOCPA will subsidize some of these continuing education events with dues money in order to pay the presenters and cover meeting and food expenses while keeping workshop fees low for members.

Tamara asked the board to consider the possibility of purchasing a Zoom account so that MOCPA could offer continuing education events remotely, potentially garner a larger paying audience, and vastly reduce expenses by avoiding paying for a venue and food. The speaker could either come to us--we would set up the Zoom account at our own venue, ideally a board member's home or office with Internet service--or we could potentially lend the Zoom materials and access information to the speakers so that the speakers could conduct the presentation in their own homes, if such an arrangement is feasible. Robyn has a Zoom subscription, and she explained some of the mechanics and answered questions. She clarified that it is just a subscription, so a projector is not needed, and merely a webcam (on a laptop or an external one) would be sufficient. Subscription is likely to be between \$200 and \$300 for the year (as an individual; not a business) for a maximum of 50 participants. A split screen is available so that participants can see the speaker and the presentation slides simultaneously. A phone-in option is also available, as is a Q and A option. Presentations can be uploaded to the Cloud where they will be available for one week. Tamara will contact Ana DeMeo a NJPA to inquire if a quiz is required to guarantee credits. If NJPA agrees that we can pursue a subscription, the MOCPA board is in agreement to follow through on it.

## *XII. Elections (Tamara Latawiec)*

At the end of this year, two MOCPA board members will be stepping down in order to establish staggered elections for board continuity. Both Robyn Koslowitz and Tara Lally have indicated that they are very busy with personal events and would appreciate some more time for themselves. In fact, Tara unexpectedly resigned this past week, apologizing for not being able to finish the year. Lori Reilly and Tamara Latawiec will hopefully stay on in their current capacities. By law, in order to exist as a corporation in New Jersey, MOCPA needs at least a President, Secretary, and Treasurer. So our next election will require a Secretary, and Tamara feels that it makes more sense to try to secure a MOCPA representative to the NJPA board rather than a Continuing Education Coordinator. Discussion ensued about how best to handle the possibility of future vacancies, as well as the current one now at hand with the early departure of MOCPA's secretary. Tamara will serve as substitute secretary for the rest of the year, and Robyn volunteered to act as Secretary next year instead of Continuing Education

Coordinator if the position does not fill with an election. The board also agreed to ask any election candidates to step in if future vacancies arise.

*Meeting concluded at 12:05 pm*

*Next Meeting Date is Sunday, November 10<sup>th</sup>*

*Submitted by Tamara Latawiec, PsyD*