

Understanding and Addressing Implicit Biases in Psychological Practice

Friday, November 19, 2021 from 10:00 am to 11:45 am
Includes a 15-minute announcement period

WORKSHOP WILL BE DELIVERED VIRTUALLY. ONLINE ACCESS LINK WILL BE E-MAILED CLOSER TO PRESENTATION DATE.

Presented by: Milton Fuentes, PsyD

1.5 CEs Available

Program Narrative:

As noted in the American Psychological Association's (2017) ethical code, psychologists strive to eliminate the effect of biases on their work, and they do not knowingly partake in or disregard prejudicial activities. Additionally, APA's recent resolution, [Harnessing Psychology to Combat Racism: Adopting a Uniform Definition and Understanding](#) (2021), urges psychologists "to eliminate processes and procedures that perpetuate racial injustice in research, practice, education, and training" (APA, 2021, p.2). While these are critical endeavors that can be fostered and maintained by intercultural competence, regrettably, implicit biases may compromise these efforts. Implicit biases are cognitive traces that are informed by past experiences and inform our current performance (Grenwald and Banaji, 1995). These biases may lead to problematic attitudes, discriminatory practices, and maladaptive dynamics in our clinical work; hence, psychologists need to be equipped with the necessary knowledge, skills, and attitudes to adequately address these biases and promote intercultural competence. To this end, this workshop will highlight best practices informed by social psychology research for understanding and monitoring implicit biases and promoting a practice that centers equity, diversity, and inclusion.

Learning Objectives:

- A) Define implicit bias
- B) Explain at least one strategy to assess implicit bias
- C) Describe at least three awareness-raising and prejudice-reduction exercises that can lead to the lessening of implicit biases

Target Audience: Psychologists, Social Workers, Counselors, and other Mental Health Clinicians

Program Sophistication: Introductory – no prior knowledge of subject required

Speaker Biography: Dr. Milton A. Fuentes received his M.A. in Psychology with a Latinx Psychology focus from Montclair State University and his Psy.D. in clinical psychology from the Graduate School of Applied and Professional Psychology at Rutgers University. He completed a pre-doctoral fellowship in clinical and community psychology at Yale University and secured post-doctoral training in epidemiology at Columbia University. He is the 2012 President of the National Latinx Psychological Association. Dr. Fuentes has served as an ethnic minority delegate to APA's Council of Representatives and as a member of APA's Board for the Advancement of Psychology in the Public Interest; APA's Committee on Ethnic Minority Affairs; and the APA Equity, Diversity and Inclusion Collaborative. Dr. Fuentes' research and clinical interests are in the areas of Latinx, multicultural, and family psychology; program development; pedagogy; and motivational enhancement. He serves as a consultant to institutions of higher education, community-based agencies, and corporate clients. After engaging in an extensive and competitive application process and completing the relevant forum training, he secured membership in the Motivational Interviewing Network of Trainers. Dr. Fuentes is currently a professor in the psychology department at Montclair State University, as well as a licensed psychologist in New Jersey and New York.

Conflicts of Interest and Commercial Support: No known conflicts of interest or commercial support are present.

Proprietary Information: NJPA ensures that permission to use proprietary information, and steps to safeguard such information, are discussed with presenters at NJPA co-sponsored programs. No materials (physical or electronic) provided to attendees at such programs may be shared.

Americans with Disabilities Act: Accommodations are available upon request. Requests must be made at least 14 days prior to the event. Please contact Tamara Latawiec, PsyD at mocpa.njpa@aol.com for more details.

Cost of Program, Refund Policy, and any Additional Fees:

PROGRAM FEES: MOCPA Members: \$10.00. Non-MOCPA Members: \$20.00. Register at www.mocpa-njpa.org/events.

CE CERTIFICATE FEES: NJPA Sustaining Members: Free. NJPA Members: \$15. Non-NJPA Members: \$25.

Program fees and certificate fees are paid separately. Program fees must be paid by 11/14/21. No refunds will be issued.

This workshop is sponsored by NJPA and MOCPA. NJPA is approved by the American Psychological Association to offer continuing education for psychologists. NJPA maintains responsibility for this program and its content and does not endorse the presented material as the only approach to a given area of study or therapeutic approach.